

**Appendix to Councillor's Call for Action – Levels and appropriateness of methylphenidate (including Ritalin) prescribed for children and young people in Torbay**

Request a report from Torbay Care Trust to include:

- Available information on methylphenidate (e.g., Ritalin) use in Torbay;
- The numbers of children and young people (i.e., 0-18 year olds) on Ritalin-type medication in Torbay, in particular 0-5 year olds;
- Detail of the increase in Ritalin-type prescriptions within Torbay for the last 10 years and an explanation for the increase;
- Comparative and contextual information for the above, e.g., comparative prescription rates between Torbay and other areas;
- Details of alternatives to medication offered in the first instance to children, including the local protocol for Ritalin-type medication; and
- Incidences of misuse by adults of Ritalin-type medication prescribed for children with ADHD as a recreational drug.